

# Yorkshire Funders

## Funders Plus Webinar

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Co-founder & CEO



**LIFE AFTER DOMESTIC ABUSE**

*Peer led peer support*

# New Beginnings Peer Support

## Who we are:



- After-crisis domestic abuse service for women and their children operating primarily in Harrogate & Rural Areas and Craven with some service elements available across North Yorkshire.
- Peer-led.
- Trauma-informed practice and continual learning.
- Whole-family approach.
- Prevention & early intervention.



## 1:1 SUPPORT

- active listening
- assessing tailored support
- reassurance, advice & guidance
- non-legal court support
- budgeting
- goal discovery



## EMOTIONAL & PRACTICAL SUPPORT

- promotion of self-care routines
- improvement of self-worth
- emotional intelligence (boundaries)
- making a house a home
- improving access to necessities



## DONATIONS

- food
- clothes
- household items (non-electrical)
- children's toys
- Christmas (decorations/gifts/food)



## PEER SUPPORT NETWORK

- positive social network accessible daily
- a safe & understanding space to discuss concerns
- a place to celebrate all the wins big and small
- reduction in isolation
- ability to signpost



## SIGNPOSTING

- providing options tailored to the individual
- general signposting to community events and initiatives
- working with other community organisations for the betterment of the individual.



## STUDY & CAREER SUPPORT

- peer study support, accessible daily
- peer recommended study options
- study for self &/or career based
- support into employment /self-employment
- goal setting
- education & training to achieve career goals



## GROUP SESSIONS

- Peer support sessions
  - aforementioned in face-to-face format
  - group activities
  - goal setting & accountability
  - no need for childcare to attend
- Own My Life (12 + 6 weeks)
  - understanding abuse (social & science)
  - healthy relationships & peer connections



## WHOLE FAMILY SUPPORT

- mindfulness activities
- emotional resilience toolkits
- sport activities
- creative workshops
- The Day Programme (10 weeks)
  - male & female (14-24yrs old)
  - in-person only
- signposting



## CLIENT TO VOLUNTEER PATHWAY

- empowerment through helping others
- gaining of employability skills
- positive result from a negative life experience
- L3 Peer Mentor accreditation

**Created by peer voice / demand**





# Our Challenges:



Multiple hats worn,  
daily or even hourly!



Funds or lack thereof!



Moulding ourselves  
into funders boxes!



Time! Where does it go!



Supply and demand



Staff retention and  
the impact to  
beneficiaries



# Funders Plus

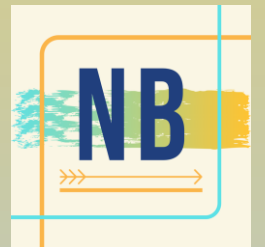
## Benefits

- Genuine interest in our charity beyond stats and data.
- Skillsets we would not otherwise have access to.
- No judgement – temporary team members.
- Understanding of charity sector capacity.



## Legacy

- Increased knowledge and understanding.
- Improved structure and governance.
- Increased funding streams.
- New relationships
  - ACEVO
  - Volunteers
  - Peers



**More**

**Less**

**Flexibility**

**Multiple  
skillsets**

**Take the lead**

**Relationship  
building**

**User friendly  
systems**

**Core costs**

**Whole  
organisation  
reporting**

**Project  
based  
funds**

**Short  
term  
funding**

**Limit on  
leadership  
salaries**

**Unclear  
funding  
range**

**Multiple  
access  
points**





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